

Corporate Team Building Dragon Boat Program

Training Objectives

The key objectives of this program are:

- 1 Team bonding
- 2 Group cohesiveness
- 3 Team alignment
- 4 Self awareness
- 5 Fun fun fun!
- 6 Learning the basics of paddling (strokes, paddling as a team)
- 7 A little competition between participants
- 8 More team bonding after with drinks

Testimonial

"Great team building experience. Our team has enjoyed a new sport, especially the competitive edge. The Canadian Dragons are a very experienced team, making the event fun for all fitness levels. We loved it so much, we've done it twice."

Senior Banker, Rabobank Singapore

Event Investment

| Training Program | Pax | Total investment | S\$ per pax |
|-------------------------------------|----------|------------------|-------------|
| Inclusive of pre-engagement | | | |
| welcome message to motivate and | Up to 30 | S\$2,000 | S\$67* |
| inspire participants; all equipment | | | |
| (paddles, life vests, etc), expert | | | |
| Captains and Coaches leading the | | | |
| session, safety instructions, team | | | |
| building exercises, skill | | | |
| development, water, beer, drinks | | | |
| and snacks after; and post- | | | |
| engagement activity to apply the | | | |
| learning for your organisation. | | | |
| | | | |

^{*} Increased incrementally for each participant above 30.

We would love you to be part of this, so you can gain the benefits. And we look forward to working with you and helping your organisation.



Program Flow

Phase 1: Engagement Email

To engage participants in the program and increase motivation, an engagement message is sent in advance to stimulate excitement.

Phase 2: Corporate Team Building Event

Participants build group cohesiveness and team alignment, bonding through a little fun competition, and after event drinks.

Phase 3: Mission and Application

Participants are given a mission to apply the learning; to discuss their experience, and ensure transfer of learning into the organisation.